Some young children spend a great amount of their time practicing sports. Discuss the advantages and disadvantages of this. Use specific reasons and examples to support your answers.

Playing sports is becoming popular among youths. Some citizens claim that most of the young generations are dedicating their valuable time for practicing different sports. The merits and demerits of playing sports will be discussed in this essay.

On the one hand, there are several merits of playing games for a long time. One of the main advantages is that the children can develop their teamwork skills. Engaging in sports as a team will win a match can assist young people to enhance their team spirit. As a result, if these young children attain a job, they can perform better as a team in the future. Another positive outcome is that sports help young citizens to stay fit and healthy. For instance, playing games every day will be an excellent exercise for children. Thus, they can develop their physique and stay away from diseases such as obesity.

On the other hand, practicing different sports for a long time has some demerits. Firstly, children may lose focus on their academics. For example, playing games after their school hours makes them tired. Consequently, they may not have enough time and energy to do their assignments and study their subjects. Secondly, injuries by playing sports can be a menace to children. Severe injuries may happen to young people by being involved in sports. These injuries may include major fractures of bones and torn tissues. Eventually, this may affect their health and their career ability to participate in the sports.

In conclusion, playing sports may develop different skills and assist children to stay healthy. However, there are drawbacks on playing them for a long time such as poor performance on the studies and chance of severe injuries. On balance, children should spend limited time playing games and they should focus on their academics as well.
<table>
<thead>
<tr>
<th><strong>Task Response</strong></th>
<th><strong>7-8</strong></th>
<th>You had good strong reasons to support both advantages and disadvantages</th>
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<tbody>
<tr>
<td><strong>Cohesion and Coherence</strong></td>
<td>7</td>
<td>You have a very good overall structure. Some of the development within paragraphs is not ideal. As a result, if these young children attain a job, they can perform better as a team in the future. Another positive outcome is that sports help young citizens to stay fit and healthy.</td>
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| **Vocabulary** | 7 | Errors with word choice:  
several merits of playing games  
Engaging in sports as a team to will win a match  
In On balance,  
Errors with word endings:  
. For example, playing games after their school hours makes them tired.  
These injuries may include major fractures of bones and torn tissues. |
| **Grammar** | 7 | Errors with sentence structure  
 will be an excellent exercise to for children.  
practicing different sports for a long time have has some demerits.  
Firstly, children may lose focus on their academics Errors with articles (a, an, the) you can do a quiz here:  
Severe injuries may happen to young people by involving being involved in sports. Eventually, this may affect their health and their career ability to participate in the sports.  
drawbacks on playing them for a long time such as poor performance in on the studies and chance of severe injuries. Children should spend limited time playing games and they should so they can focus on their academics. |

*Comment [u6]: it's really "when these children grow up and start their careers they will perform better at teamwork"*

*Comment [u7]: this is not wrong but it doesn't sound natural to talk about young citizens it be better to say juveniles or adolescents*

*Comment [u8]: or "by participating in sports"*

*Comment [u9]: only if you mean they can not have a future career in the sport… if you mean that you just need to make it a bit clearer*
<table>
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<th>Overall</th>
<th>7</th>
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<td></td>
<td>This comfortably makes it to 7. Just keep trying to learn from the feedback and your writing will continue to improve.</td>
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