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People should be encouraged to do leisure activities such as climbing mountains or sailing alone around the world, even though these activities may be dangerous, because they will help to develop their courage and confidence.

To what extent do you agree or disagree with this opinion?

There seems to be an increasing number of people lacking confidence and courage today. It is believed that risky leisure activities will help to develop those important characteristics. I totally agree that activities such as skydiving, mountain climbing or scuba diving should be encouraged because they are an excellent way of learning how to deal with risky situations and building self-confidence.

The main reason why I believe that dangerous leisure activities should be encouraged is because they are an efficient and fun way of learning to manage risky situations. Dealing with ~~potential~~ **potentially** dangerous situations teaches **people** to assess risks and put measures in place to minimise them. Once you take these measures you realise that there is no reason to be scared. Therefore, you will be better prepared to deal with any situation that life presents. *[This could be considered slightly off topic as you wrote about risk management which is a little bit different than courage = being brave]*

Another reason for encouraging risky activities as a form of leisure is that they can definitely improve self-confidence. After experiencing extreme conditions like climbing ~~the~~ Mount Everest or jumping out of a plane at 15,000 feet, ~~every day~~ **everyday** situations such as dealing with a client or finishing a project on schedule would seem much easier. Also, when people realise that they accomplished something outside their comfort zone, something that they thought they were not able of doing, then their real potential is unleashed and they become more confident.

In summary, I totally agree that leisure activities **such as sailing alone around the world** should be ~~stimulated~~ **undertaken**, even though they may be dangerous. This is because these activities are a fun and effective way of developing self-confidence and courage and teaching **people** how to manage difficult and risky situations.

Comment [z1]: Everyday is an adjective that means commonplace, ordinary, or normal.

Every day means "each day."
I go to the park every day

Comment [z2]: You don't want to have an example in your conclusion

	Estimated Grade	
Task response	7-8	You have a clear opinion You covered confidence really well As I mentioned your coverage of courage could be considered slightly off topic
Cohesion and	8-9	An excellent overall structure

coherence		When the question to parts like confidence and courage I think it is a good idea to structure the task as you did with a paragraph for each. Often there are questions about individuals and society and these can be structured the same way
Vocabulary	7-8	<p>"manage risky situations" doesn't really rephrase courage accurately</p> <p>Dealing with potential potentially dangerous situations</p> <p>, every-day everyday situations</p> <p>should be stimulated undertaken</p>
Grammar	8-9	<p>Most mountains don't seem to use "the" is usually armed groups of mountains that have the such as the Himalayas or the Smoky Mountains</p> <p>the Mount Everest</p> <p>dangerous situations teaches people to assess risks and put it</p>
overall	7.5-8	The potential problem with this essay is the second paragraph and whether it is accurately addresses courage or not. This would come down to the individual examiner. If the examiner really thought was off topic your score for task response might drop down to 6. Since you write well you should try to avoid this, risk by reading the question carefully and responding to the questions as directly as possible.



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